



## 13<sup>th</sup> DANISH OPEN/ HYGGE- CUP 2026

### Official invitation

<b>Organizer:</b>	TS Sonderburg	
<b>The responsible:</b>	Edgar Claussen Tel.: 0049 155 63 000 147; E- Mail: edgar.inke@gmail.com	
<b>Date:</b>	<b>Warm up</b>	Friday, October 30 <sup>th</sup> 2026 6.30 - 9.30 pm
	<b>DANISH OPEN</b>	Saturday, October 31 <sup>st</sup> , 2026
	Warm up	7.30 – 10.00 am
	Start of the competition	10.15 am
	<b>HYGGE- CUP</b>	Sunday, November 1 <sup>st</sup> , 2026
	Warm up	7.30 – 10.00 am
	Start of the competition	10.15 am

**Place of Competition:** Humlehøjhallen, Stråbjergvej, Sønderborg

**Competitions:** **DANISH OPEN All around competition**  
Youth: - Years of birth: 2012 and younger  
Junior: - Years of birth: 2008 – 2012  
Senior: - Years of birth: 2010 and older

The current version of the IRV competitions rules and code of points will be valid for the "All around completion". (Code of points 2026.1)

**HYGGE- CUP Straight- line competition**  
AK: 7/8, 9/10, 11/12, Ü30

If it is possible (too many gymnasts!), all gymnasts have the opportunity to perform their routine twice (without Ü 30). The better final result will then be taken into account.

**HYGGE- CUP Double- competition  
(straight- line and spiral or straight- line and vault)**

AK: 13/14, 15/16, 17/18, Ü30

**The German Championship Rules 2024+ apply for the HYGGE CUP.**

**Please note: There will be no scoring of the structural groups!**

**Cyr Contest and Workshop**

A Cyr contest will take place on Saturday. The format and rules will be decided after the registration deadline.

A Cyr workshop will be held in the secondary hall on both days!  
The registration fee for the Cyr event is €20.

**Registration:** Registration up to the 11<sup>th</sup> of October, 2026 on  
"rhoenrad.events"

**Registration fee:** The fee will be 20 €/ 150 dkr per gymnast for the HYGGE- CUP  
and 25 €/ 185 dkr per gymnast for the DANISH OPEN. The  
amount can be paid on arrival.

**Judges:** Each club needs 1 judge for up to 5 athletes, 2 judges for up to  
10 athletes and 3 judges for over 10 athletes.

**Further information:** You can stay at a small gym in the neighborhood, without  
paying for it. If you want to sleep in the gym, send a mail to me:  
edgar.inke@gmail.com

**Team competition Danish Open**

For the team competition in gym wheel, three or four gymnasts form a team. They will perform four routines in total:

2 Straight-Line routines    1 Spiral routine    1 Vault

The routine with the lowest score will not be counted for the final team score.

Each participating club is allowed to register as many teams as they want, whereas no gymnast is allowed to compete for more than one team.

All gymnasts registered for the team competition must also take part in the individual competition.

There will be two separate team competitions, one for Youth/ Junior and one for the seniors.

**We would be delighted if as many gymnasts and spectators will come to our competition in Sonderburg/ Denmark!**

**Data protection:**

By registering for the competition, the participant consents to the electronic storage, processing, and transfer of the personal data collected for the aforementioned purposes (name, club, year of birth, competition class). They also consent to the publication of the start and result lists from the competition and the award ceremony in print and online media, as well as social networks. By registering, the club representative confirms that this consent was given voluntarily by each participant or parent/guardian. This consent can be revoked at any time in writing to the competition director, Edgar Claussen (edgar.inke@gmail.com).

**Note regarding photography**

Photographs will be taken during the "Danish Open/Hygge Cup" event. These images are for public relations purposes and may be used in print and online media, on social networks, and on the websites of the organizing clubs and the photographer.

By participating in the event, participants and visitors agree that corresponding photos may be taken and published.